

re	place plastic water bottles with reusuable glass or stainless steel bottles
e re	eplace plastic food storage containers with glass or stainless steel
bu	uy fresh foods whenever possible to avoid plastic packaging
bu	uy dry goods in bulk,then transfer into glass or stainless steel canisters at home
re	emove food in plastic packaging and put in glass or stainless steel canisters
br	ring reusuable shopping bags and produce bags to the store
re	eplace plastic wrap with silcone lids, silicone covers, and bee's wraps
ľ	replace plastic mixing bowls, cooking utensils, etc. with wood, glass, stainless steel, and glass
b	uy reusable stainless steel straws to replace plastic ones
bu	uy wooden toys whenever possible